

# Delphos City Preschool Post

## DEAR FAMILIES

We will be celebrating Thanksgiving in each class on Monday, November 21<sup>st</sup> and Tuesday, November 22<sup>nd</sup>. We will also be hosting an evening event for you and your child on Tuesday, December 6<sup>th</sup>. Additional information for this event will be coming after conference. This newsletter will discuss upcoming information for both November and December including important dates in the Upcoming Dates section. Another newsletter will go out in December as reminders but wanted to allow you to be informed in advance including three December dress up days for each group. The students are not required to participate; however, we wanted to offer some fun ways to celebrate the upcoming holidays.

### *Dress Up Days*

Tues., December 13<sup>th</sup> - Flannel Day  
Wed., December 14<sup>th</sup> - Flannel Day  
Thurs., December 15<sup>th</sup> - Red/Green/White Day  
Fri., December 16<sup>th</sup> - Red /Green/White Day  
Mon., December 19<sup>th</sup> - Pajama Day  
Tues., December 20<sup>th</sup> - Pajama Day

With the temperatures getting colder, please make sure your child is wearing a coat so they are warm when we go outside for recess. If you are able to send in an extra hat and gloves for your child, they will be kept in their locker for the days when we go outside for recess.

### Morning Doors

Reminder doors open in the morning at 8:40 am. If a preschooler arrives before 8:40 am a latchkey fee of \$3.75 for the morning will be charged.

## ACADEMICS

The teachers have been sharing activities in each child's folder weekly. *These activities are not mandatory*, but are being given so you can see what the students are learning each week in class. If your child would like to complete the worksheets or part of the worksheets, please return them in your child's folder the following week. Again, these activities are not mandatory!

### Parent-Teacher Conferences

Parent-teacher conferences will be held  
Wednesday, November 2<sup>nd</sup> from 2:00 pm - 4:45 pm;  
Wednesday, November 2<sup>nd</sup> from 6:00 pm - 8:45 pm;  
Thursday, November 3<sup>rd</sup> from 8:30 am - 10:45 am;  
Thursday, November 3<sup>rd</sup> from 12:30 pm - 2:45 pm.  
Letters confirming your parent-teacher conference time have been sent home in your child's folder. If you have a conflict with the assigned time, please reach out to the preschool office. We are looking forward to meeting with you to discuss your child's progress.

### December Evening Event

A letter explaining the December Evening Event will be coming home in your child's folder after conferences. The event will take place Tuesday, December 6<sup>th</sup> from 6:00 pm - 7:00 pm.

### Attached Information

Attached to the newsletter are ASQ Activities to "Help Your Child Learn and Grow!". These are fun and easy activities you can do with your child to encourage your child's healthy development. The activities are broken down by your child's age and include ways to help your child practice following directions, counting, writing, etc. Also attached are a list of health screening referrals and the Ohio Department of Medicaid Healthchek information.

*Upcoming dates are on the next page*

## Delphos City Schools Preschool Positive Behavior Expectations



Below is a great example of the students learning how to Be Safe through using materials safely and working on improving their fine motor skills.



Below is a great example of Be A Leader by listening and Be Safe by following directions and keeping our hands and feet to ourselves.



## Upcoming Dates

Wed., Nov. 2<sup>nd</sup> - 12:30 dismissal for preschool - 1:30 dismissal for district - latchkey will end at 1:30 - parent-teacher conferences

Thurs., Nov. 3<sup>rd</sup> - No school - Parent-teacher conferences

Fri., Nov. 4<sup>th</sup> - No school

Fri., Nov. 11<sup>th</sup> - Mon/Wed day

Fri., Nov. 18<sup>th</sup> - Tues/Thurs day

Tues., Nov. 22<sup>nd</sup> - 12:30 dismissal for preschool - 1:30 dismissal for district - latchkey will end at 1:30 - Thanksgiving

Wed., Nov. 23<sup>rd</sup> - No school - Thanksgiving

Thurs., Nov. 24<sup>th</sup> - No school - Thanksgiving

Fri., Nov. 25<sup>th</sup> - No school - Thanksgiving

Fri., Dec. 2<sup>nd</sup> - Mon/Wed day

Tues., Dec. 6<sup>th</sup> - December Evening Event

Fri., Dec. 9<sup>th</sup> - Tues/Thurs day

Fri., Dec. 16<sup>th</sup> - Mon/Wed day

Wed., Dec. 21<sup>st</sup> - 12:30 dismissal for preschool - 1:30 dismissal for district - latchkey will end at 1:30 - Christmas break

Thurs., Dec. 22<sup>nd</sup> through Mon., Jan. 2<sup>nd</sup> - No school for Christmas break

Tues., Jan. 3<sup>rd</sup> - School resumes

## National Fire Prevention Week

The Delphos City Schools Preschool would like to thank the Delphos Fire Department for visiting the preschoolers. The preschoolers enjoyed learning about fire safety, seeing a firefighter in uniform, learning about the tools on the fire truck, and sitting in the fire truck.

## Costumes

The preschoolers enjoyed trick or treating with the high school National Honor Society, yearbook, choir, Fellowship of Christian Athletes, Senior class officers, cafeteria staff, athletic department, high school office staff, and administration office staff. The Wildcat mascot even escorted the preschoolers through the building. Thanks to everyone for making this a successful event.





# ASQ Activities

AGE 3

## HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 3-year-old—a great way to have fun together and encourage your child's healthy development.

Make an **adventure path** outside. Use a garden hose, rope, or piece of chalk and make a "path" that goes under the bench, around the tree, and along the wall. Walk your child through the path first, using these words. After she can do it, make a new path or have your child make a path.

Before bedtime, look at a magazine or children's book together. Ask your child to **point to pictures** as you name them, such as "Where is the truck?" Be silly and ask him to point with an elbow or foot. Ask him to show you something that is round or something that goes fast.

While cooking or eating dinner, play the **"more or less"** game with your child. Ask who has more potatoes and who has less. Try this using same-size glasses or cups, filled with juice or milk.

Make a **necklace** you can eat by stringing Cheerios or Froot Loops on a piece of yarn or string. Wrap a short piece of tape around the end of the string to make a firm tip for stringing.

Practice **following directions**. Play a silly game where you ask your child to do two or three fun or unusual things in a row. For example, ask him to "Touch your elbow and then run in a circle" or "Find a book and put it on your head."

Find large pieces of paper or cardboard for your child to **draw** on. Using crayons, pencils, or markers, play a drawing game where you follow his lead by copying exactly what he draws. Next, encourage your child to copy your drawings, such as circles or straight lines.

Listen and dance to **music** with your child. You can stop the music for a moment and play the "freeze" game, where everyone "freezes," or stands perfectly still, until you start the music again. Try to "freeze" in unusual positions for fun.



# ASQ Activities

AGE  
**4**

## HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 4-year-old—a great way to have fun together and encourage your child's healthy development.

Invite your child to play a **counting game**. Using a large piece of paper, make a simple game board with a straight path. Use dice to determine the count. Count with your child, and encourage her to hop the game piece to each square, counting each time the piece touches down.

Play the **"guess what will happen"** game to encourage your child's problem-solving and thinking skills. For example, during bath time, ask your child, "What do you think will happen if I turn on the hot and cold water at the same time?" or "What would happen if I stacked the blocks to the top of the ceiling?"

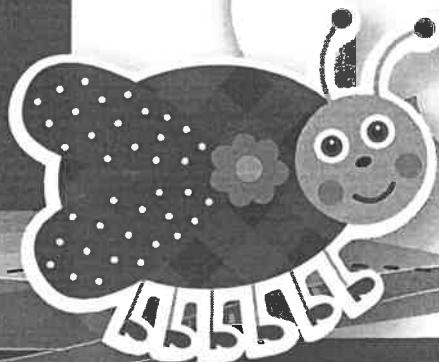
Play **"bucket hoops."** Have your child stand about 6 feet away and throw a medium-size ball at a large bucket or trash can. For fun outdoors on a summer day, fill the bucket with water.

Make a **bean bag** to catch and throw. Fill the toe of an old sock or pantyhose with  $\frac{3}{4}$  cup dry beans. Sew the remaining side or tie off with a rubber band. Play "hot potato" or simply play catch. Encourage your child to throw the ball overhand and underhand.

Go on a **walk** and pick up things you find. Bring the items home and help your child **sort them into groups**. For example, groups can include rocks, paper or leaves. Encourage your child to start a collection of special things. Find a box or special place where he can display the collection.

**"Write" and mail a letter** to a friend or relative. Provide your child with paper, crayons or pencil, and an envelope. Let your child draw, scribble, or write; or he can tell you what to write down. When your child is finished, let him fold the letter to fit in the envelope, lick, and seal. You can write the address on the front. Be sure to let him decorate the envelope as well. After he has put the stamp on, help mail the letter.

Play **"circus."** Find old, colorful clothes and help your child put on a circus show. Provide a rope on the ground for the high wire act, a sturdy box to stand on to announce the acts, fun objects for a magic act, and stuffed animals for the show. Encourage your child's imagination and creativity in planning the show. Don't forget to clap.





# Activities

AGE 5

## HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 5-year-old—a great way to have fun together and encourage your child's healthy development.

Encourage **dramatic play**. Help your child act out his favorite nursery rhyme, cartoon, or story. Use large, old clothes for costumes.

Make an **obstacle course** either inside or outside your home. You can use cardboard boxes for jumping over or climbing through, broomsticks for laying between chairs for "limbo" (going under), and pillows for walking around. Let your child help lay out the course. After a couple of practice tries, have him complete the obstacle course. Then try hopping or jumping through the course.

Play "**mystery sound**." Select household items that make distinct sounds such as a clock, cereal box, metal lid (placed on a pan), and potato chip bag. Put a blindfold on your child and have him try to guess which object made the sound. Take turns with your child.

Play the "**memory**" game. Put five or six familiar objects on a table. Have your child close her eyes. Remove one object, and rearrange the rest. Ask your child which object is missing. Take turns finding the missing object.

Practice **writing** first names of friends, toys, and relatives. Your child may need to trace the letters of these names at first. Be sure to write in large print letters.

Let your child help you with simple **cooking tasks** such as mashing potatoes, making cheese sandwiches, and fixing a bowl of cereal. Afterward, see if he can tell you the order that you followed to cook and mash the potatoes or to get the bread out of the cupboard and put the cheese on it. Supervise carefully when your child is near a hot stove.

You can play "**license plate count up**" in the car or on the bus. Look for a license plate that contains the number 1. Then try to find other plates with 2, 3, 4, and so forth, up to 10. When your child can play "count-up," play "count-down," starting with the number 9, then 8, 7, 6, and so forth, down to 1.





## Delphos City Schools Preschool

901 Wildcat Lane

Delphos, OH 45833

[www.delphoscitieschools.org](http://www.delphoscitieschools.org)

**Stephanie Braun**

**Preschool Director**

[sbraun@delphoscitieschools.org](mailto:sbraun@delphoscitieschools.org)

419-695-1786 ext. 450

## Health Screening Referral

Delphos City Schools Preschool Program **043885.019590**

All referrals are made to the child's private care provider. If the child does not have a PCP, they are provided information on area physicians and assisted, if needed, in the process.

### VISION REFERRALS

<b>Delphos Vision Care</b> 134 E. Third St. Delphos, OH 45833 419-692-0010	<b>The Eye Sight of Delphos (medicaid)</b> 664 Elida Ave. Delphos, OH 45833 419-692-2015
<b>The Eye Sight of Lima (medicaid)</b> 1034 W. Market St. Lima, OH 45805 419-228-8116	

### DENTAL REFERRALS

<b>Mohr Smiles Inc.</b> 603 E. Third St. Delphos, OH 45833 419-692-4746	<b>Delphos Family Dentistry</b> 10740 Elida Rd. Delphos, OH 45833 419-695-2766
<b>Van Wert Family Dentistry</b> 1196 Professional Drive Van Wert, OH 45891 419-238-1219	<b>Tyra Meyer (Pediatric Dentist)</b> 2969 Blue Jacket Ct Lima, OH 45806 419-229-3007

### HEIGHT AND WEIGHT REFERRALS

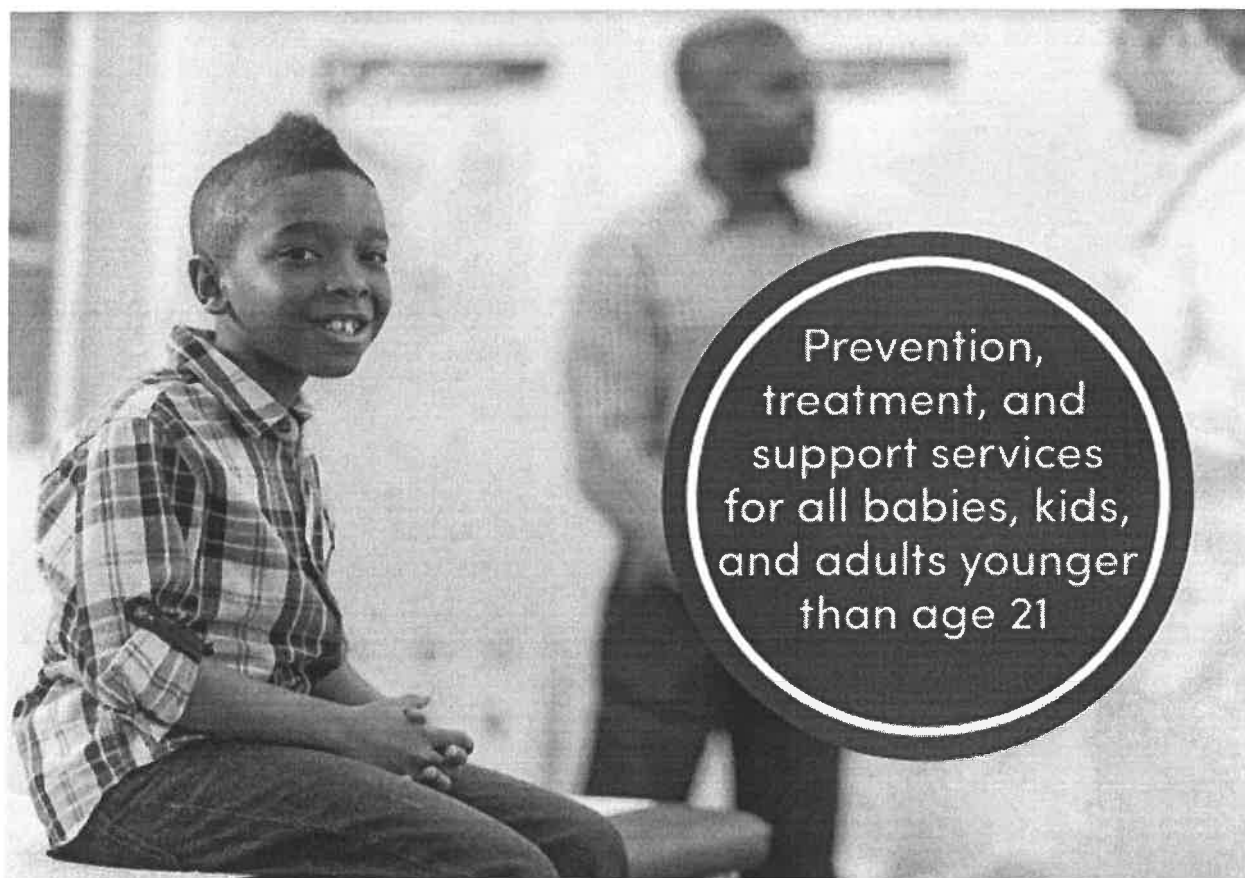
<b>Delphos Family Physicians, Inc. (medicaid)</b> 1175 E. Fifth St. Delphos, OH 45833 419-692-1055	<b>Mercy Health - Delphos Family Medicine (medicaid)</b> 1800 E. Fifth St., Ste. 1 Delphos, OH 45833 419-692-5611
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### HEARING REFERRALS

<b>The Hearing &amp; Balance Center, Inc.</b> 545 W. Market St., Ste 333 Lima, OH 45801 419-222-9010	<b>Family Audiology Associates</b> 200 St. Clair Ave. St. Marys, OH 45885 419-584-2255
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### BLOOD, LEAD AND HEMOGLOBIN REFERRALS

<b>Pediatrics of Lima, Inc.-Pediatrician (medicaid)</b> 830 W. High St. #102 Lima, OH 45801 419-222-4045	<b>Family Health Care of Northwest Ohio, Inc. (medicaid)</b> 1191 Westwood Dr. Van Wert, OH 45891 419-238-6747
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Prevention,  
treatment, and  
support services  
for all babies, kids,  
and adults younger  
than age 21

# Healthchek

Early and Periodic Screening, Diagnostic, and Treatment services

- Well-child exams
- Vaccinations
- Lead testing
- Vision, dental, and hearing exams
- Developmental and mental health screenings
- Follow-up services
- Support services like transportation and referrals to other social services
- and more!



**Call:**

**Your county Healthchek Coordinator**

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**Ohio Medicaid Consumer Hotline  
(800) 324-8680**



**Go online:**

**[medicaid.ohio.gov/healthchek](http://medicaid.ohio.gov/healthchek)**

**Ohio**

**Department of  
Medicaid**

Apply for healthcare:

- online at [Benefits.Ohio.Gov](http://Benefits.Ohio.Gov),
- by phone at (800) 324-8680, or
- in-person at your County Department of Job and Family Services.

Find your local office at  
[JFS.Ohio.Gov/County](http://JFS.Ohio.Gov/County).

Call the Medicaid Consumer Hotline at  
(800) 324-8680 for help completing an  
application or other questions.

Additional information is available at  
[Medicaid.Ohio.Gov](http://Medicaid.Ohio.Gov).



## Healthchek

Healthchek is Ohio's Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit.

Individuals younger than age 21 who are covered by Ohio Medicaid can receive important preventive services through Healthchek, including:

- physicals,
- hearing, vision, and dental screenings,
- nutritional screenings,
- mental health screenings,
- developmental screenings,
- vaccinations, and
- blood lead screenings

Babies should have at least 8 Healthchek exams by their first birthday.

Children should have Healthchek exams at 15, 18, 24 and 30 months.

One exam per year is recommended for children over 30 months old.

Any doctor that accepts Medicaid can provide Healthchek services. Ask your doctor to give your child a Healthchek exam.

Healthchek support services are also available to help you with making appointments, transportation and referrals to community services for food, clothing and other needs.

For more information about Healthchek services:

- contact your County Department of Job and Family Services,
- go online at [Medicaid.Ohio.Gov/Healthchek](http://Medicaid.Ohio.Gov/Healthchek),
- contact your Medicaid managed care plan, or
- call the Ohio Medicaid Consumer Hotline (800) 324-8680.

For additional information contact:

Allen County Department of Job and Family Services

951 Commerce Pkwy, Lima, OH 45804

Phone/Ext: (419) 228-2621

Hours: Mon-Fri 8:00am-4:30pm

Van Wert County Department of Job and Family Services

114 E. Main St., Van Wert, OH 45891

Phone/Ext: (419) 238-5430

Hours: Mon-Fri 9:00am-4:30pm

## Student Valuables

**Students are discouraged from bringing items of value to school.** Items such as jewelry, expensive clothing, electronic equipment, etc. are tempting targets for theft and extortion. **Students are not permitted to have spinners or toys, trading cards, cell phones, CD players, or other electronic devices or games on themselves during the school day from 9:00 am to 2:00 pm unless approved by the teacher for instructional purposes.** All such items are to be kept in the student's book bag on their hook. The **ONLY** exception for bringing items from home is when students are participating in show and