

September 2022

Delphos City Preschool Post

DEAR FAMILIES

We have had a great start to the year. The students have been learning the routines, following directions, and participating in a variety of activities during their days. The preschool has implemented a new social emotional curriculum to the schedule this year entitled AI's Pals. The teachers will be sharing information on the curriculum in their weekly newsletters. More information can be found on the back about the implementation of the Preschool Positive Behavior Expectations.

Important Dates

Monday, Sept. 19th - 2 hour delay for teacher-in-service - preschool doors will open at 10:40 am with latchkey starting at 10:30 am

Preschool Positive Behavior Expectations

Be kind, be a leader, and be safe are the focus for this year's positive behavior expectations. Be kind focuses on being a friend, playing with my friends, sharing, taking turns, and helping others. Be a leader focuses on looking at the speaker, listening, using a quiet voice, cleaning up, and throwing my trash away. Be safe focuses on following directions, keeping my hands and feet to myself, using gentle hands, using my walking feet, and using materials safely. The students who follow these expectations will be receiving a Positive Behavior Referral from the teacher/classroom aide and the preschool director. A copy of the expectations and positive behavior referrals can be found on the back of the newsletter along with a few examples of how the preschoolers are following the expectations.

Morning Doors

Reminder doors open in the morning at 8:40 am. If a preschooler arrives, before 8:40 am latchkey fee of \$3.75 for the morning will be charged.

ACADEMICS

The teachers have been sharing activities in each child's folder weekly. ***These activities are not mandatory***, but are being given so you can see what the students are learning each week in class. If your child would like to complete the worksheets or part of the worksheets, please return them in your child's folder the following week. Again, these activities are not mandatory!

Lunch Money

The lunch price per day for preschool is \$1.40. You may submit a lump sum toward their account by placing money in your child's folder. The extra money will be kept on their lunch account to be used throughout the year.

Student Goals

The teachers will be reaching out to you for your collaboration in developing two annual goals for your child. These goals are established for either educational and/or developmental goals allowing the families, teachers, and preschool program to work together. Progress toward the goals will be shared on each quarterly progress report.

Attached Information

The National Association of Elementary School Principals Report to Parents is attached. The report shares information on how to "Help Your Kids Make New Friends."

Upcoming Dates

Fri., Sept. 9th - Mon/Wed day

Mon., Sept. 19th - 2 hour delay - teacher in-service - preschool doors open at 10:40 am - latchkey starts at 10:30 am

Fri., Sept. 16th - Tues/Thurs day

Fri., Sept. 23rd - Mon/Wed day

Fri., Sept. 30th - Tues/Thurs day

Delphos City Schools Preschool Positive Behavior Expectations



Below is a great example of Be Safe - keeping my hands and feet to myself.



Below is a great example of Be Kind - playing with my friends.



Below are examples of the Positive Behavior Referrals your child may be receive for being crazy kind, a leader, and super safe.

Positive Behavior Referral
 Student _____ Date _____
 Your child was crazy kind!
 ☆ Being a friend
 ☆ Playing with Friends
 ☆ Sharing
 ☆ Taking Turns
 ☆ Helping Others
 Teacher/Aide _____ Director _____

Positive Behavior Referral
 Student _____ Date _____
 Your child was a leader!
 ☆ Looked at the speaker
 ☆ Listened to the speaker
 ☆ Used a quiet voice
 ☆ Cleaned up after playing
 ☆ Threw away his/her trash
 Teacher/Aide _____ Director _____

Positive Behavior Referral
 Student _____ Date _____
 Your child was super safe!
 ☆ Followed directions
 ☆ Kept his/her hands to themselves
 ☆ Used gentle hands
 ☆ Used walking feet
 ☆ Used materials safely
 Teacher/Aide _____ Director _____

We would love for you to help us with reviewing the Preschool Positive Behavior Expectations with your preschooler at home. We truly appreciate your support.

Thanks for a great start to the year!



Help Your Kids Make New Friends

For children, fostering friendships post-pandemic carries its own set of challenges. Kids, and even parents, might find themselves overwhelmed and intimidated by returning to in-person activities, and this can cause anxiety, especially for young students who might already have trouble socializing. Isolation—especially during trying times—affected mental health for children and adults alike. School families can use these recommendations to help kids reconnect and socialize.

Provide Extra Support

Share your own thoughts on friendship and how hard it's been to get back to normal as a way to draw out concerns your child might be having about resocializing after COVID. Say something like, "I remember how I felt when I had to go back to work" or "I remember when I moved to a new school." Reassure your child that social anxiety is normal and affects all of us at one time or another. Role playing can help: Rehearse introductions and simple ways to help join into group conversations.

Join Group Activities

Outdoor sports and activities provide a healthy, safe way for kids to meet new friends, and the school playground is a natural place for elementary school kids to interact and form friendships. Online gaming sessions can also help your child connect with classmates and friends.

Reach Out to Old Friends

Ask your child about favorite classmates and suggest a meet-up to ride bikes or do something craft-based. Movie nights, mini golf, and ice cream outings can add structure and ease kids back into face-to-face interactions.



Observe and Offer Reassurance

If your child continues to struggle with making friends, observe what happens when your child interacts with other kids. Often, when we get uncomfortable, the first impulse is to run and hide. Offer reassurance that this is a normal reaction, and work as a team to come up with creative ways to connect.

Set Realistic Expectations for Your Child's Friendships

If your child doesn't have as many playdates or invites to birthday parties, that's OK. Being happy with just one or two good friends is normal. It's the quality, not quantity, that matters. Feeling a sense of connection, even if it's with just one favorite friend, is often enough.